

## Seat Advice?

Posted by Omn3d0n - 07 Mar 2009 01:53

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Hi,

I am 6'1" weighing in around 205 lbs. Does anyone have any advice on a good seat that will be comfortable with hans support and side head restraints. I would like to spend less than 1K.

Thanks

Sid

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## Re:Seat Advice?

Posted by Omn3d0n - 09 Mar 2009 00:16

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Is anyone running a OMP Pista? Does having a side head restraint remove the right side net requirement?

Thanks

Sid

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## Re:Seat Advice?

Posted by mcmotorsports - 09 Mar 2009 00:18

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### **Omn3d0n wrote:**

Is anyone running a OMP Pista? Does having a side head restraint remove the right side net requirement?

Thanks

Sid

### 15.17.9 Head Restraint â Side Impact

All vehicles must be outfitted with a right-side impact head restraint system. A seat with a âbolsterâ to keep the head from moving to the right side in an impact is acceptable.

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### Re:Seat Advice?

Posted by Chris - 09 Mar 2009 05:19

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I have a halo seat and a fixed (non release) steering wheel, quick car exit and entry is not a problem at all. Although, I'm 6 feet and 165 lbs... IIRC my seat is a momo cobra or something like that.

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### Re:Seat Advice?

Posted by Big Dog - 10 Mar 2009 13:51

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I have a ButlerBuilt seat with a halo, shoulder braces and added leg supports in front. The seat is not custom, you measure yourself up and they give you a seat that fits your body. I am 6' and 220lbs and after two or three attempts to get into and out of the seat, it was no problem for me. The seat is not adjustable in my car, it is set for me. I have a removable steering wheel

The best part of this deal is the seat, complete was in the neighborhood of \$500. I don't remember the exact model but can find out if you want to follow up on this and look into purchasing one.

Now for my seat lecture. This seat is safe, it has high sides coming up above the hips. It also has deep sides that fit snug around the ribs. When you are belted in, you will NOT move around in the seat while you are on the track. In my opinion, that alone will improve your dirving because you are one with the car. Of course, ribs are a weak part of the body and must not be used to support you in a crash as they will crack/break. The seat has adjustable shoulder pieces that wrap around your shoulders. You fit them to exactly where they need to be and bolt them onto the seat. The shoulders are the strongest point in the upper body and will keep you in place in the event of a crash without breaking ribs. The halo is great as well.

As you may know, ButlerBuilt makes lots of seats for NASCAR and they know seats for protection. And

remember, most crashes are multiple impacts. Believe me, this seat rocks and for a GREAT price compared to lots of the others.

Good luck with your seat selection and your racing.

Big Dog

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